Drawing Your Personality Profile

(Diverse Teams at Work Capitalizing on the Power of Diversity, Lee Gardenswartz & Anita Rowe, 2003)

Directions: Mark an X along each continuum to represent where you see yourself. Then connect your X’s vertically to form your personality profile.

Patient ___________________________ Impatient
Introvert ___________________________ Extrovert
Doer _______________________________ Thinker
Assertive ___________________________ Nonassertive
Change Maker ________________________ Change Adapter
Competitive _________________________ Collaborative
Supporting __________________________ Directing
Leader ______________________________ Follower
Listener ____________________________ Talker
Fast-paced __________________________ Slow-paced
Serious ______________________________ Humorous
Spontaneous _________________________ Scheduled
Flexible ______________________________ Rigid
Relaxed ______________________________ Intense
Gregarious __________________________ Loner
Optimist _____________________________ Pessimist
Realist ______________________________ Idealist
Rational ______________________________ Emotional
Conformist __________________________ Nonconformist